

Submitted by
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Transportation Overview

Major issues facing aging adults in matters of mobility and transportation

1. Adequate access to medical care and essential shopping.
2. Access to fitness and social activities.
3. Reduction or loss of independence when they are no longer able to safely drive.
4. Accessibility of public transportation. Barriers include:
 - a. the distance a senior must walk to access public transit
 - b. cost
 - c. scheduling limitations
 - d. mobility limitations and ability to board transportation
 - e. awareness of transportation options

The role of Area Agencies on Aging

Health and mobility challenges as we age can be overwhelming — for both the individual and those who care for them. Trying to navigate through the maze of options and tough decisions while also carrying the emotional and financial weight of these challenges can make it even tougher.

Area Agencies on Aging (AAA) connect seniors, adults with disabilities and family caregivers to a full range of community resources designed to offer choice, improve quality of life and respect an individual's independence.

From our Information & Assistance Program (I&A), Family Caregiver Support Program, senior transportation services, and a wide range of health and wellness programs, AAAs help our community's adults live and age well.

The purpose of the Annual Plan for Area Agencies on Aging, and how people can participate

All Area Agencies on Aging and Disabilities are required to create a four-year "Area Plan" that addresses the needs of older adults, adults with disabilities and their caregivers while assessing the strength and weaknesses of current community resources available to them. The Area Plan is developed with broad public input required by the Older Americans Act (OAA). Locally, we invite the public to offer input via surveys and town hall meetings. Our Advisory Council also plays a major role in the development of the Area Plan. The plan has to be approved the Department of Social and Health Services Aging and Long Term Support Administration (AL TSA). Once approved, the plan serves as a basis for planning, program development and funding priorities for the people and regions we serve in our five county planning and service area.

Any other items you think would be important for planners and providers to know with regard to aging adults or Area Agencies on Aging in Washington.

Area Agencies on Aging often serve as a hub. We are highly effective at convening stakeholders and building partnerships to best meet the needs of the community.

SPECIAL THANKS TO

Area Agency on Aging & Disabilities of Southwest Washington

FOR PROVIDING THIS DOCUMENT